INMA GRIEN

COLFAX COUNTY COORDINATOR
HEALTHY KIDS, HEALTHY COMMUNITIES

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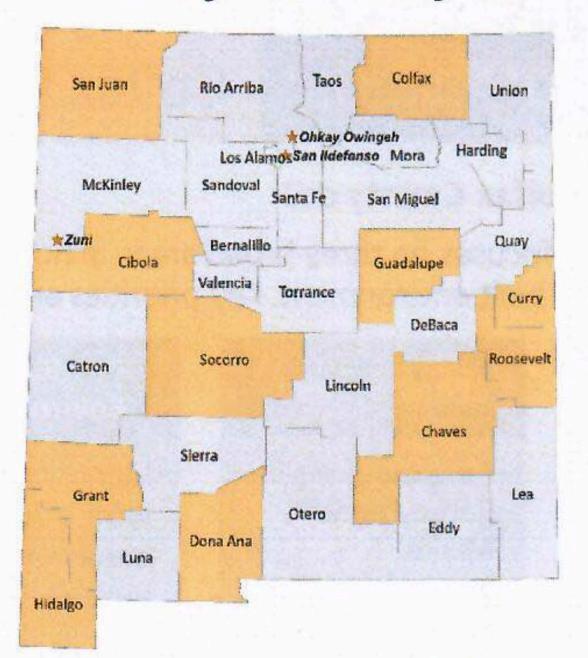


HEALTHY KIDS, HEALTHY COMMUNITIES IS A PROJECT OF THE NEW MEXICO DEPARTMENT OF HEALTH AND STATE AND LOCAL PARTNERS WHO WORK TO INCREASE OPPORTUNITIES FOR HEALTHY EATING AND ACTIVE LIVING IN SCHOOLS AND COMMUNITIES.

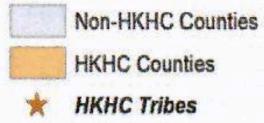




Healthy Kids Healthy Communities Reach



2018-2019



In 2017-2018 Healthy kids, Healthy Communities:

- Worked with over 400 state and local partners and community coalitions.
- Leveraged \$1,575,920 in resources to support healthy eating and physical activity initiatives across all HKHC Communities – this includes non-labor and monetary value of 28,000 volunteer hours.
- Increased healthy eating opportunities during the school day for 29,781 students in 91 HKHC elementary Schools.
- Increased physical activity opportunities before, during and after school on an ongoing and regular basis for 20,769 students in 61 HKHC elementary schools.



IMPLEMENT, IMPROVE AND EXPAND; A COALITION OF VOLUNTEERS, SCHOOL & COMMUNITY GARDENS, FARMER'S MARKETS, IN-SCHOOL WALKING PROGRAMS, SCHOOL CAFETERIAS AND MENU'S, PHYSICAL ACTIVITY BREAKS BEFORE DURING AND AFTER SCHOOL, HEALTHY EATING CAMPAIGNS, HEALTHY FUNDRAISING IN SCHOOLS, WALKABILITY AND BIKEABILITY, WAY-FINDING SIGNAGE,

AS WELL AS BUILDING AND CONNECTING TRAILS!



FIELD TRIPS!

 Raton Intermediate School Students learning trail etiquette on a 2 mile hike through Climax Canyon Park



 Superintendent of Sugarite Canyon State Park, Robert "Mac" McIvor; HKHC Active Transportation Planning Consultant, Tim Rogers; and a team of UNM Senior Design Students surveying possible trail-alignments along the old rail line to Sugarite.







LONGFELLOW ELEMENTARY WALKS TO ROUNDHOUSE MEMORIAL PARK!







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